



Community Resource Services



Volunteer Opportunities for Youth Directory

8550 Balboa Boulevard | Suite 150
Northridge, CA 91325

Youth often volunteer their time at community organizations for a variety of reasons: to gain work experience; earn school credits; give back to the community; make a difference in someone's life; or complete community service requirements. This directory provides information on the various organizations in the San Fernando Valley that offer **volunteer opportunities for youth**.



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www.childguidance.org

The **Child and Family Guidance Center** is a LA County Department of Mental Health (DMH) contractor that provides Specialized Prevention and Early Intervention (PEI) services to children, transition age youth, and adults utilizing evidence based treatment interventions (EBPs) that are consistent with LAC/DMH Mental Health services Act (MHSA).

The Center also provides families with access to a comprehensive continuum of services depending on the needs of the family ranging from once a week; time limited mental services (PEI) to intensive in-home services that are delivered several times a week with 24-7 availability for crises.

The **Community Resource Services** is a division dedicated to improving the quality of life for special needs children and their families by helping them to locate, access and effectively use essential community health and social services.

Call for Services

San Fernando Valley	Antelope Valley
818-739-5250	661-265-8627

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Introduction

Volunteer service has an immeasurable value. Not only will it help those who need it most, but it could also reconstruct your perspective and outlook on life. Classroom education is vital, but without an actual experience to tie it into, no real knowledge of how to apply this wealth of information can occur. The more you are aware of people, places and things around you, the better you will get to know yourself. Volunteerism will help you realize that you are interconnected to everyone and everything around you and that you can truly make a difference.

Some organizations ask their volunteers to commit to 6 months or one year. They may offer a training program to prepare you for the commitment. Other organizations offer one-time volunteer opportunities. The following steps may assist you with locating an organization that is the best match for your interests, skills and level of commitment that you are ready to make.

Step 1: It is always important, when determining where to volunteer, that you ask yourself a number of questions:

- How much time do I want to give?
- Where can I do my service?
- How will I get to and from my volunteer site?
- What days are best for me?
- What activities am I good at and what type of activities would I most enjoy?

Step 2: Look through the volunteer guide to find the volunteer jobs that match your interests and needs. Keep in mind that this directory is only a start. You can always call other organizations and ask if they have a volunteer program.

Step 3: Call the organization and speak to the Volunteer Coordinator. Introduce yourself and explain why you are calling. Volunteer Coordinators are often very busy, so you may have to leave a message. If they do not call back in a few days, call them back.

Step 4: Set up an appointment to visit the organization and have an interview. You may want to see where you will be working and get a feel for the office environment before you commit to working there.

Step 5: During the interview, you should ask the Volunteer Coordinator questions to determine if this would be the best opportunity for you:

- What does your organization do and whom do you serve?
- What type of work will I be doing as a volunteer?
- Do you have a brochure about your organization?
- Who will be my supervisor? Do I need to commit for a certain length of time each week?

Step 6: Go for it! Make the commitment and enjoy your volunteer experience.

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On-Line Volunteer Matching

<p>Assistance League Los Angeles 826 Cole Avenue Los Angeles, CA 90038 (323) 469-1973 info@assistancelaguella.org www.assistancelaguella.org</p> <p>Volunteer Los Angeles, a service of Assistance League of Southern California formerly Volunteer Center of Los Angeles, a nation wide volunteer center. This organization links youth and adults, who are interested in volunteering with organizations that offer volunteer opportunities. Assistance League Los Angeles brings the opportunity to make a difference through micro volunteering: virtual opportunities to serve and create real impact for a local nonprofit.</p>
<p>Volunteer Match www.volunteermatch.com</p> <p>This web site allows you to enter information about your interests, age and city and provides you with a list of organizations that need volunteers. It is updated on a daily basis and usually lists one-time opportunities, such as assisting with events. This organization provides free volunteer webinars.</p>
<p>L.A. Works www.laworks.com</p> <p>L.A. Works manages many volunteer projects for local non-profits. Once you register online you are able to search through the volunteer calendar to find one-time volunteer opportunities. Projects are available for people of all ages, and you can search opportunities by date, location, or impact area.</p>

Countywide Organizations

Department of Recreation and Parks

www.laparks.org

<https://www.volgistics.com/ex/portal.dll/ap?AP=1522641864> **Application Form**

The Department of Parks and Recreation offers many volunteer opportunities. The Parks offer programs for children, teens, adults and the elderly. During the summer months, teens can participate in the Counselor-in-Training programs in the summer camp. Parks with public pools also offer a Junior Life Guard programs. However, most parks offer year round volunteer opportunities. For more information, please contact the park near your home. The following is a list of San Fernando Valley Recreation Centers:

<p>Andres & Maria R.C.- Panorama City (818) 781-3952</p>	<p>Balboa Sports Complex-Encino (818) 756-9642</p>	<p>Bernardi Center-Van Nuys (818) 781-1101</p>
<p>Branford R.C.- Arleta (818) 891-6205</p>	<p>Chatsworth R.C. (818) 341-6595 Currently closed.</p>	<p>Dave Potell Memorial Sports Facility-North Hollywood (818) 763-5126</p>
<p>David Gonzalez R.C.-Pacoima (818) 899-1950</p>	<p>Delano R.C.- Van Nuys (818) 756-8529</p>	<p>Devonshire House-Northridge (818) 349-7341</p>

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Encino Community Center (818) 995-1690	Fernangeles R.C.-Sun Valley (818) 767-4171	Granada Hills R.C. (818) 363-3556
Hansen Dam Recreation Area (818) 899-4537	Hjelte Sports Center-Encino (818) 765-0284	Hubert Humphrey Park-Pacoima (818) 896-6510
Lakeview Terrace Park (818) 899-8087	Lanark R.C.- Canoga Park (818) 883-1503	Mason R.C.- Chatsworth (818) 998-6377
North Hills Comm. Park (818) 895-9863	North Hollywood R.C. (818) 763-7651	North Weddington R.C.- North Hollywood (818) 506-1467
Northridge R.C. (818) 349-7341	Orcutt Ranch-West Hills (818) 346-7449	Pacoima R.C. (818) 899-1950
Panorama City R.C. (818) 893-3401	Reseda R.C. (818) 881-3882	Ritchie Valens R.C.- Pacoima (818) 834-5172
Roger Jessup R.C.-Pacoima (818) 896-6215	San Fernando R.C. (818) 898-1290	Sepulveda R.C.-Panorama City (818) 893-3700
Shadow Ranch R.C.- West Hills (818) 883-3637	Shoup Park-Woodland Hills (818) 883-9370 Currently closed.	Stonehurst R.C.-Sun Valley (818) 767-0314
Studio City R.C. (818) 769-4415	Sunland R.C. (818) 352-5282	Sun Valley R.C. (818) 767-7134
Sylmar R.C. (818) 367-5656	Tarzana R.C. (818) 343-5946	Valley Plaza R.C.-North Hollywood (818) 765-5885
Van Nuys R.C. (818) 756-8131	Van Nuys/Sherman Oaks R.C. (818) 783-5121	Victory/Vineland R.C. – North Hollywood (818) 985-9516
West Hills Sports Center (818) 765-0284	Winnetka R.C. (818) 756-7876	Woodland Hills Park (818) 883-9370



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**Los Angeles County Fire Department
Community Emergency Response Team Unit
(213) 202-3136**

Email: lafdcert@lacity.org
www.cert-la.com

The Community Emergency Response Team (CERT) Program helps to educate the citizens in our communities about disaster preparedness. This program helps to train the general public in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. FREE 17-hour training included!




**Los Angeles Police Department
Department's Volunteer Coordinator
Non-Emergency (877) 275-5273**

<http://www.lapdonline.org/>

The LAPD has volunteer opportunities in the following areas: Neighborhood Surveillance, Teams, Video Surveillance, Ham Watch (Radio Operators), Graffiti Abatement, Station Assistance, Reception, Typing/Filing, Various Clerical Duties, Youth-At-Risk Programs, Youth Centers, Jeopardy Youth Programs, Crisis Response Teams, Detective Assistance, Community Service Centers and Neighborhood Watch. Not all volunteer opportunities are available on each police station.

For information on volunteer opportunities with the LAPD, contact the Community Police Station closest to your home or work and ask to speak with the Volunteer Coordinator in the station's Community Relations Office. The officer coordinating the program will provide information regarding current volunteer opportunities as well as the application process. All applicants are required to be fingerprinted as part of LAPD background procedures.

If you aren't sure which station you should call, or you have specific interest in one of the LAPD specialized divisions, you may contact the Department's Volunteer Coordinator Officer Vann 37149@lapd.lacity.org at (877) 275-5273.

Devonshire Area 10250 Etiwanda Avenue Northridge, CA 91325	Valley Bureau Community Relations Officers	Mission Area 11121 N. Sepulveda Boulevard Mission Hills, CA 91345 (818) 838-9860
North Hollywood Area 11640 Burbank Boulevard North Hollywood, CA 91601	Foothill Area 12760 Osborne Street Pacoima, CA 91331 (818) 756-8866	Van Nuys Area 6240 Sylmar Avenue Van Nuys, CA 91401
	Topanga Area 21501 Schoenborn Street Canoga Park, CA 91304 (818) 756-3180	West Valley Area 19020 Vanowen Street Reseda, CA 91335 (818) 374-7690

**Los Angeles Public Library
www.lapl.org/get-involved/volunteer**

All public libraries need volunteers to shelf books and read to children. Visit the library in your community for a volunteer opportunity.

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YMCA

www.yocala.org/page/s/community-volunteer

Minimum Age: 16

All the YMCAs throughout the San Fernando Valley offer volunteer opportunities in the following areas: childcare; swimming classes; open swim time; clerical; front desk and classes for children. For more information, contact the YMCA closest to your home.

<p>BURBANK 321 East Magnolia Boulevard Burbank, CA 91502 (818) 845-8551 www.burbankymca.org</p>	<p>MID VALLEY 6901 Lennox Avenue Van Nuys, CA 91405 (818) 989-3800 www.yocala.org/my</p>	<p>VERDUGO HILLS 6840 Foothill Boulevard Tujunga, CA 91042 (818) 352-3255 www.ymcafoothills.org</p>
<p>NORTH VALLEY 11336 Corbin Avenue Northridge, CA 91326 (818) 368-3231 www.yocala.org/nv</p>	<p>SANTA CLARITA VALLEY FAMILY 26147 Mc Bean Parkway Valencia, CA 91355 (661) 253-3593 www.yocala.org/scv</p>	<p>WEST VALLEY 18810 Vanowen Street Reseda, CA 91335 (818) 774-2840 www.yocala.org/wv</p>



Medical Organizations

<p>Olive View Medical Center 14445 Olive View Drive, Suite # 1D143 Sylmar, CA 91342 (818) 364-3074 This hospital provides medical care for uninsured individuals. They need volunteers to assist in clerical positions at the hospital. If volunteer needs certification a minimum of 50 hours is required. Otherwise you can volunteer as many hours as you can.</p>	<p>Pueblo y Salud 1024 North Maclay Avenue, Suite J San Fernando, CA 91340 (818) 837-2272 www.pys.org/volunteer/ This non-profit agency offers prevention workshops on alcohol and tobacco for the community. <u>This agency only accepts volunteers from Court and students that are sent from school to complete community services.</u> The volunteers assist in organizing information packets and assisting adults with computer classes. It helps if volunteer has knowledge of Microsoft office Program.</p>
<p>Valley Presbyterian Hospital 15107 Vanowen Street Van Nuys, CA 91409 (818) 782-6600 www.valleypres.org At Valley Presbyterian Hospital, you will learn a number of useful skills in the medical field. This Hospital offers opportunities such as visiting patients' rooms, running errands, assisting staff and providing support on nursing units (100 hours required-minimum 4 hours a week).</p>	<p>Valley Community Health Care 6801 Coldwater Canyon Avenue North Hollywood, CA 91605 (818) 763-8836 www.valleycommunityhealthcare.org/volunteer-opportunities Valley Community Clinic provides a variety of health services for low-income families. They need assistance in the teen clinic, tobacco prevention program, HIV/AIDS awareness program, and office work.</p>
<p>Northridge Hospital Medical Center 18300 Roscoe Boulevard Northridge, CA 91328 (818) 885-8500 Ext. 2961 Minimum Age: 16 This is a long-term volunteer program (100 hours) that requires a minimum of 4 hours per week. This hospital needs volunteers to assist throughout the hospital.</p>	

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<p>Providence Holy Cross Medical Center 15031 Rinaldi Street Mission Hills, CA 91345 (818) 432-5464 (Resource Center) www.California.Providence.org/Holy-Cross Minimum Age: 15 At this Medical Center all volunteers commit to a minimum of 100 hours of service (six-month). Whether working in the gift shop, delivering food to patients, or lending a hand in one of the community outreach programs, helping others in their healing process can be a very satisfying and inspiring experience. Volunteer work is full for summer 2012.</p>	<p>Kaiser Permanente Junior Volunteer Program 13652 Cantara Street ✓ Panorama City Office (818) 375-2858 ✓ Woodland Hills Office (818) 719-4143 Minimum Age: 16 Volunteer work is done in a variety of departments. Check the hospital near your home. 3.0 GPA and 100 hours of consistent volunteer work required (one shift per week for a 6 month period.)</p>
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Environmental and Outdoors



Treepeople
12601 Mulholland Drive
Beverly Hills, CA 90210
(818) 753-4600

<http://www.treepeople.org/volunteer>

Treepeople is an organization committed to working with nature. They need volunteers to participate in tree planting projects throughout Los Angeles County. Call or visit their website to sign up for a project near you.

Habitat for Humanity of San Fernando & Santa Clarita
9606 De Soto Avenue
Chatsworth, CA 91311
(818) 341-9928

www.humanityca.org

This is a non-profit organization that works to eliminate homelessness by using volunteers to build low-cost housing. There may be other opportunities to volunteer for younger children, but not on construction site.

Animal Care

Department of Animal Care & Control
(323) 276-5845

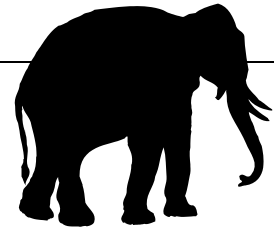
<http://www.laanimalservices.com/>

If you have a love for animals and have a minimum of 8 hours a month for at least 9 months, consider becoming a volunteer at one of your local animal shelters. To become a volunteer you will need to attend an orientation, and several days of on-site training. Volunteer opportunities available include: community adoptions, dog/cat companion, pet grooming, and other shelter site responsibilities.

<p>Burbank Animal Shelter</p> <p>1150 N. Victory Place Burbank, CA 91502 (818) 238-3340</p>	<p>East Valley Animal Care Center 14409 Vanowen Street Van Nuys, CA 91405 (888) 4LA-PET1 (888) 452-7381</p>	<p>West Valley Animal Care Center 20655 Plummer Street Chatsworth, CA 91311 (888) 4LA-PET1 (888) 452-7381</p>
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Ahead With Horses
10157 Johanna Avenue
Shadow Hills, CA 91040
(818) 767-6373
www.aheadwithhorsesla.org
Minimum Age: 16
 Through vaulting and gymnastics on a moving horse, Ahead With Horses provides severely disabled children with the opportunity to lead more independent lives. Volunteers can assist with lessons or with caring for the horses. Closed on Sunday & Monday.

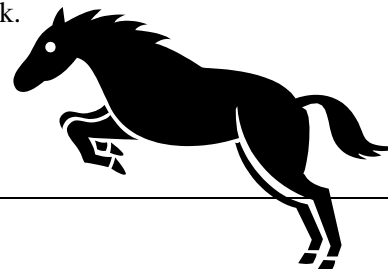
Los Angeles Zoo
Volunteer Office
5333 Zoo Drive
Los Angeles, CA 90027
(323) 644-4773
www.lazoo.org
 General Volunteers help with a number of activities throughout the zoo. Anyone 16 years and over is welcome to apply. To find out how to become a general volunteer, please call (323) 644-4773 or send an email to volunteers@lazoo.org

Pet Adoption Fund
7507 Deering Avenue
Canoga Park, CA 91303
(818) 601-6916
www.petadoptionfund.org
 Pet Adoption Fund is an animal rescue organization. Volunteers can assist with walking dogs, spending time with cats, grooming, and helping with office work and adoption events. Volunteers need to schedule an orientation. Agency is open Tuesday through Sunday 1:00pm-5:00pm. Please contact Megan or email at paf.volunteer@yahoo.com

Pet Orphans Fund
7720 Gloria Avenue
Van Nuys, CA 91406
(818) 901-0190 Ext. 102
www.petorphans.org
intern@petorphans.org
 This animal rescue organization has a variety of volunteer opportunities, including walking dogs, socializing with cats and dogs, cleaning the kennel areas and assisting with mobile pet adoptions. Teen volunteers need to be accompanied by a parent or guardian at all times. Volunteers must complete a volunteer training, which is on Saturday and Sunday from 8:30am to 12:30pm. Volunteer applications can be obtained online.

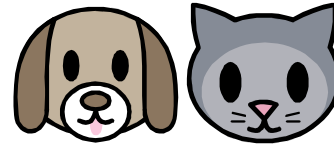
Wildlife WayStation
14831 Little Tujunga Canyon Road
Angeles National Forest, CA 91342
(818) 899-5201
www.wildlifewaystation.org
 The Wildlife WayStation is an animal sanctuary located on 160 acres just north of the San Fernando Valley in the Angeles National Forest. The mission of the WayStation is to rescue, rehabilitate, relocate, and provide sanctuary to wild and exotic animals from around the world. Volunteer opportunities include: baby feeding; guiding educational tours; outreach education; administration; computer work; animal sponsorship; membership; fundraising; carpentry; landscaping; gardening, and special events. Volunteers must complete a volunteer application, which can be obtained online, and take to it to the volunteer orientation. Orientations are held on the 2nd Saturday of each month, please call to sign-up. There is a fee of \$25, due to safety and licensing requirements.

Ride On Therapeutic Horsemanship
21126 Chatsworth Street
Chatsworth, CA 91311
(818) 700-2971
www.rideon.org
Brie@rideon.org
 Ride-On teaches horseback riding to children and adults with physical and mental disabilities. Volunteers are needed to groom and tack horses, walk beside riders with poor balance or lead horses. Volunteers must attend a basic training session to learn horse care, safety procedures and disability awareness. Training sessions are offered on the 2nd Saturday of the month for 3 hours, and you must sign-up in advance. No previous experience with horses or disabilities is required. 1-4 hour time slots per week.



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Best Friends Animal Society of Los Angeles
15321 Brand Boulevard
Mission Hills, CA. 91345
(818) 643-3989



www.la.bestfriends.org/volunteers

Sunday - Friday: 12 PM - 8 PM

Saturday: 10 AM - 8 PM

Best Friends Animal Society is a non-profit organization guided by kindness to animals. Their vision is: A grassroots effort to place dogs and cats considered “unadoptable” into good homes, and to reduce the number of unwanted pets through effective spay and neuter programs. You can volunteer in some of the following programs: Mobile Pet Adoptions, Pup My Ride, Adoption Center, Foster Program, Puppy Mill Initiatives, and Special Events.

All volunteers new to the Center are required to go through a New Volunteer Orientation before actively volunteering.

Visit www.volunteers.bestfriends.org for an upcoming schedule of orientations, to schedule your orientation and create your volunteer profile.

Volunteers are requested to uphold a commitment to serve 5 hours per month for 6 months minimum.

Performing Arts

<p>Madrid Theatre 21622 Sherman Way Canoga Park, CA 91303 (818) 347-9419 Minimum age: 16 Madrid.booking@lacity.org The Madrid theatre is rental theatre manage by the City of Los Angeles Department of Cultural Affairs. The volunteers will serve as ushers for performances. They provide opportunities for community service and school age youth 16 and up. Contact: B’Anca Stevens</p>		<p>LA Radio Reading Service Northridge Fashion Center 9301 Tampa Ave., Suite #18 Northridge, CA 91324 (818) 345-2874 Minimum age: 14 www.larrs.org LA Radio Reading Service provides experience to volunteers who want to explore a career in radio. Some activities include radio broadcasting, fundraising, and office work.</p>
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Caring for the Elderly/Children

ONE Generation

www.onegeneration.org

volunteer@onegeneration.org

Minimum age: 14

This is a social service organization for Senior Citizens that offer many volunteer opportunities. You can provide services to homebound seniors such as meal delivery, grocery shipping, and other meaningful interaction. Work directly with staff and participants to provide adult day care services (recreation, computer tutoring) and child care programs. Volunteers can also help at the Farmers Market on Sundays from 7:00am-1:00pm.

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Senior Enrichment Center 18255 Victory Boulevard Reseda, CA 91335 (818) 705-2345	Adult Daycare and Childcare 17400 Victory Boulevard Van Nuys, CA 91406 (818) 708-6625
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Inner Circle Foster Care and Adoption Services

7120 Hayvenhurst Avenue, Suite #204

Van Nuys, CA 91406

(818) 988-6300

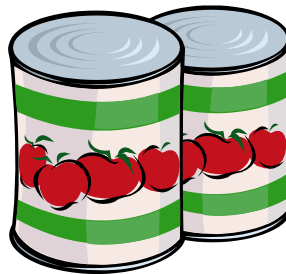
www.fosterfamily.org

Minimum age: 16

This foster care agency is involved in a campaign to broaden awareness of Inner Circle in Los Angeles to recruit foster families. The agency offers many volunteer opportunities in the development of marketing materials and public relations plans. Contact person: Pam Jordan.

Food and Distribution

Meet Each Need with Dignity (MEND) 10641 N. San Fernando Road Pacoima, CA 91331 (818) 896-0246 (818) 897-2443 (Reception Desk) www.mendpoverty.org Minimum age: 16 This agency has many volunteer opportunities: provides emergency food and clothing to low-income families, health services, education and training center, and administration and fundraising. MEND is committed to remaining a volunteer-driven organization , so that the donations and income go directly to the needy recipients. Please call or email to the Volunteer Service Assistance at volunteering@mendpoverty.org .	Children’s Hunger Foundation 13931 Balboa Boulevard Sylmar, CA 91342 (818) 979-7100 or 1(800) 708-7589 www.childrenshungerfund.org Minimum age: 16 Children’s Hunger Foundation is committed to serving needy children around the world. It offers warehouse work, food sorting and gift-wrapping for the holidays. Volunteer workdays are Wednesday and Saturday from 9 am to 11 am. Please call or email at info@childrenshungerfund.org
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Court Referred Community Service Offices



Volunteer Center
8134 Van Nuys Boulevard, Suite 200
Panorama City, CA 91402
(818) 908-5066

Email: crvc@assistancelaguella.org

<http://assistancelaguella.org/program/court-referred-volunteer-center/>

Court ordered volunteers need to go directly to one of the courthouses to register for community services hours. Please bring with you a photo ID, \$40 to enroll, and documentation from the court.

<p>Chatsworth Courthouse 9425 Penfield Avenue, L400A Chatsworth, CA 91311 (818) 827-3459</p>	<p>Glendale Courthouse 600 E. Broadway Boulevard Suite #111 Glendale, CA 91205 (818) 500-9553</p>
<p>San Fernando Courthouse 900 Third Street Suite #1028 San Fernando, CA 91340 (818) 898-7127</p>	<p>Van Nuys West Courthouse 14400 Erwin Street Mall #103 Van Nuys, CA 91401 (818) 376-1066</p>

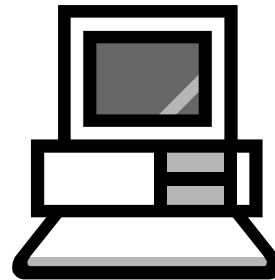
Other Agencies

Power My Learning
830 Traction Avenue, Suite 3A
Los Angeles, CA 90013
(213) 222-0100

www.powermylearning.org

Minimum Age: 16

Power My Learning helps low-income children do better in school by improving their learning environment at home. Family Learning Workshops provide each participating family with a free desktop computer, educational software, and training on how to use their new computer. Family learning workshops are provided at various schools throughout Los Angeles County. Volunteers assist the Family Trainers as they deliver the Family Learning Workshops. Participating families receive their own Home Learning Center (a free computer loaded with educational software) to train on and then take home. Volunteers help families to set up their Home Learning Center at the beginning of the workshop; to learn basic software operations; and to get hands-on experience using their Home Learning Center to improve reading, writing, and mathematics. Sessions are three and a half hours long on Saturday mornings and afternoons. To volunteer please e-mail: LA@PowerMyLearning.org



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