

Lunch Menu

October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 Red Chicken Enchiladas Wowbutter & Jelly Sandwich Mexican Chicken Salad Vegetarian Lunch	2 Turkey & Cheese Sandwich on Pretzel Bread Tuna Salad, Wheat Crackers Vegetarian Lunch Corn Dog, Oven Baked Fries	3 Beef & Broccoli, Not So Fried Rice Build Your Own Tuna Sandwich Chicken Taco Salad Vegetarian Lunch	4 Chicken Alfredo Deli Chicken & Cheese Sandwich Buffalo Chicken Salad Vegetarian Lunch	5 Turkey Nachos w/Tortilla Chips Turkey Ham & Cheese Sandwich Southwest Chicken Salad Vegetarian Lunch
8 Chicken Burrito Deli Chicken & Cheese Sandwich Mexican Chicken Salad Vegetarian Lunch	9 Ham & Cheese Sandwich Tuna Salad, Wheat Crackers Vegetarian Lunch Chicken Patty Burger, Oven Baked Fries	10 Turkey Chili, Popped Corn Chips Turkey & Cheese Sandwich Chicken Taco Salad Vegetarian Lunch	11 Chicken Tamal Wowbutter & Jelly Sandwich Buffalo Chicken Salad Vegetarian Lunch	12 Baked Ziti w/Meat Sauce Turkey Pastrami & Cheese Sandwich Southwest Chicken Salad Vegetarian Lunch
15 Chicken Teriyaki, Chow Mein Noodles Wowbutter & Jelly Sandwich Mexican Chicken Salad Vegetarian Lunch	16 Tuna Salad, Wheat Crackers Turkey & Cheese Sandwich on Pretzel Bread Vegetarian Lunch BBQ Meatball Sandwich, Cheesy Mashed Potatoes, Hoagie Roll	17 Cheese Ravioli w/Marinara Sauce Roast Beef Sandwich Chicken Taco Salad Vegetarian Lunch	18 Beef Hot Dog w/ Oven Baked Fries Deli Chicken & Cheese Sandwich Buffalo Chicken Salad Vegetarian Lunch	19 Green Chicken Enchiladas Turkey Ham & Cheese Sandwich Southwest Chicken Salad Vegetarian Lunch
22 Combo Burrito Deli Chicken & Cheese Sandwich Mexican Chicken Salad Vegetarian Lunch	23 Ham & Cheese Sandwich Tuna Salad, Wheat Crackers Vegetarian Lunch Cheeseburger w/ Oven Baked Fries	24 Spaghetti w/Meat Sauce Build Your Own Tuna Sandwich Chicken Taco Sala Vegetarian Lunch	25 Cheese Tamal Turkey & Cheese Sandwich Buffalo Chicken Salad Vegetarian Lunch	26 Chicken Nuggets, Cheesy Mashed Potatoes Turkey Ham & Cheese Sandwich Southwest Chicken Salad Vegetarian Lunch
29 Red Chicken Enchiladas Wowbutter & Jelly Sandwich Mexican Chicken Salad Vegetarian Lunch	30 Turkey & Cheese Sandwich on Pretzel Bread Tuna Salad, Wheat Crackers Vegetarian Lunch Corn Dog, Oven Baked Fries	31 Turkey & Cheese Sandwich Chicken Taco Salad Vegetarian Lunch BBQ Chicken with Baked Beans		

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.