

Breakfast Menu

October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 Bagel Bar w/Strawberry Cream Cheese Whole Grain Cereal, Whole Grain Bites, Dried Fruit	2 Chicken Chorizo & Papas Taco Whole Grain Cereal, Whole Grain Bites, Dried Fruit	3 Blueberry Muffin Whole Grain Cereal, Whole Grain Bites, Dried Fruit	4 Whole Grain Cereal, Whole Grain Bites	5 Breakfast Cheese Tamal Whole Grain Cereal, Whole Grain Bites, Dried Fruit
8 Coffee Cake Whole Grain Cereal, Whole Grain Bites, Dried Fruit	9 Country Biscuit w/Sausage Gravy Whole Grain Cereal, Whole Grain Bites, Dried Fruit	10 Pan Dulce Whole Grain Cereal, Whole Grain Bites, Dried Fruit	11 Whole Grain Cereal, Whole Grain Bites	12 Bean & Cheese Burrito Whole Grain Cereal, Whole Grain Bites, Dried Fruit
15 Yogurt w/Granola Whole Grain Cereal, Whole Grain Bites, Dried Fruit	16 Chicken & Waffle Whole Grain Cereal, Whole Grain Bites, Dried Fruit	17 Apple Turnover Whole Grain Cereal, Whole Grain Bites, Dried Fruit	18 Whole Grain Cereal, Whole Grain Bites	19 French Toast Stix Whole Grain Cereal, Whole Grain Bites, Dried Fruit
22 Apple Chewie Bar Whole Grain Cereal, Whole Grain Bites, Dried Fruit	23 Chicken Sausage Biscuit Whole Grain Cereal, Whole Grain Bites, Dried Fruit	24 Blueberry Muffin Flat Whole Grain Cereal, Whole Grain Bites, Dried Fruit	25 Whole Grain Cereal, Whole Grain Bites	26 Mini Maple Corn Dogs Whole Grain Cereal, Whole Grain Bites, Dried Fruit
29 Coffee Cake Whole Grain Cereal, Whole Grain Bites, Dried Fruit	30 Ham & Cheese English Muffin (Contains Pork) Whole Grain Cereal, Whole Grain Bites, Dried Fruit	31 Mini Wowbutter & Jelly Sandwich Whole Grain Cereal, Whole Grain Bites, Dried Fruit		

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

