

Lunch Menu

October 2017



Monday	Tuesday	Wednesday	Thursday	Friday
2 -Red Chicken Enchiladas -Lunch Vegetarian (10) -Wowbutter & Jelly -Mexican Chicken Salad	3 -Caribbean Chicken -Lunch Vegetarian -Roast Beef Sandwich -Chicken Taco Salad	4 -Lunch Vegetarian -Turkey & Cheese Sandwich -Southwest Chicken Salad -Carne Asada Fries, Potato Wedges	5 -Cheese Tamal -Lunch Vegetarian -Turkey Pastrami & Cheese Sandwich -Asian Chicken Salad	6 -Chicken Parmesan Spaghetti -Lunch Vegetarian - -Deli Chicken & Cheese Sandwich -Tuna Salad
9 -Bean & Cheese Burrito -Lunch Vegetarian -Turkey Ham & Cheese Sandwich -Mexican Chicken Salad	10 -Chicken & Chorizo Paella -Lunch Vegetarian -Deli Chicken & Cheese Sandwich -Asian Chicken Salad	11 -Cheeseburger -Lunch Vegetarian -Turkey Hummus Sandwich -Southwest Chicken Salad	12 -Korean BBQ w/ Not So Fired Rice -Lunch Vegetarian -Ham & Cheese Sandwich -Tuna Salad	13 -Cheese Ravioli w/Marinara Sauce -Lunch Vegetarian -Turkey & Cheese Sandwich -Chicken Taco Salad
16 -Teriyaki Chicken, Chow Mein Noodles -Lunch Vegetarian -Deli Chicken & Cheese Sandwich -Mexican Chicken Salad	17 -Turkey Nachos -Lunch Vegetarian -Turkey Pastrami & Cheese Sandwich -Tuna Salad	18 -BBQ Pulled Pork Sandwich -Lunch Vegetarian -Turkey & Cheese Sandwich -Southwest Chicken Salad	19 -Pizza Bagel Sandwich -Lunch Vegetarian -Wowbutter & Jelly -Chicken Taco Salad	20 -Lunch Vegetarian -Roast Beef Sandwich -Asian Chicken Salad -Double Decker Chalupa
23 -Chicken Tinga, Black Beans, Rice -Lunch Vegetarian -Ham & Cheese Sandwich -Mexican Chicken Salad	24 -Beef Chili Dog -Lunch Vegetarian -Turkey Ham & Cheese Sandwich -Chicken Taco Salad	25 -Chicken Bites, Cheesy Mashed Potatoes -Lunch Vegetarian -Turkey & Cheese Sandwich -Southwest Chicken Salad	26 -Chicken Tamal -Lunch Vegetarian -Turkey Hummus Sandwich -Asian Chicken Salad	27 -Beef Macaroni -Lunch Vegetarian -Deli Chicken & Cheese Sandwich -Tuna Salad
30 -Chicken Fajitas, Spanish Rice -Lunch Vegetarian -Turkey & Cheese Sandwich -Mexican Chicken Salad	31 -Cheesy Stuffed Shells -Lunch Vegetarian -Roast Beef Sandwich -Asian Chicken Salad			

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

