

January 2017

M	T	W	T	F
<p>Jan 9</p> <ul style="list-style-type: none"> - Baked Mac & Cheese and Chicken Sausage Lunch Combo with Whole Grain Cinnamon Rumbles - Hot Meatball Sub - Southwest Veggie Wrap with Yogurt Ranch Dressing - Chicken Salad Sub Sandwich - Whole Grain Flurries Cereal with Whole Grain Cinnamon Grahams, Raisins and Shelf Stable Milk - Raisins - Hot Sauce Packet (for lunch meal) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Steamed Corn 	<p>Jan 10</p> <ul style="list-style-type: none"> - Meatless "Pepperoni" Calzoni with Whole Grain Salsa Fresca Rumbles - Firecracker Chicken with Sesame Noodles and Whole Grain Goldfish Pretzels - Ham and Cheese Sub on a Whole Grain Roll with Mayonnaise Packet - Sesame Chicken Wrap with Sesame Vinaigrette - Apple Muffin with Fresh Fruit - All Natural Granola with Yogurt and Fresh Fruit - Fresh Fruit - 2nd Piece - Ranch Dressing Packet (for vegetable of the day) - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Edamame - Grape Tomatoes 	<p>Jan 11</p> <ul style="list-style-type: none"> - Flame-Broiled Beef Cheeseburger with Ketchup Packet - Oven Roasted Chicken Sandwich with Mayonnaise Packet - Chicken Caesar Wrap with Caesar Dressing Packet - Veggie Taco Salad with Taco Ranch Dressing and Whole Grain Dinner Roll - Whole Grain Cinnamon Grahams with String Cheese and Orange Juice - Lemon Muffin with Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Chopped Romaine Lettuce - Sliced Tomatoes 	<p>Jan 12</p> <ul style="list-style-type: none"> - Pasta with Zesty Beef(40) - Chicken Potstickers with Soy Sauce Packet and Whole Grain Cinnamon Rumbles - Hummus and Whole Grain Flatbread with Yogurt - Roast Turkey and Cheese Sub on Whole Grain Roll with Mayonnaise Packet - Whole Grain Blueberry Bagel with Cream Cheese Packet and Fresh Fruit - Whole Grain Flurries Cereal with Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Chilled, Seasoned Green Beans 	<p>Jan 13</p> <ul style="list-style-type: none"> - Cheesy Ravioli with Educational - Kickin Chicken Melt Sandwich with Whole Grain Ranch Rumbles - Chillin Chinese Chicken Noodle Sesame Soy Dressing and Whole Grain Goldfish Pretzels - NEW!! Mighty Meaty Deli Combo Sandwich with Turkey Salami, Tomato, Ham, and Mozzarella and Mayonnaise Packet - Turkey and Cheddar Brekwich Orange Juice - Whole Grain Strawberry Zac On Bar with Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meal) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Glazed Carrots
<p>Jan 16</p> <p>Holiday</p>	<p>Jan 17</p> <ul style="list-style-type: none"> - Crispy Chicken Sandwich with Ketchup Packet - Breakfast for Lunch: Pancakes with Sweet Chicken Sausage, Syrup Packet and Yogurt - Cheese Sub on Whole Grain Bun with Yogurt, Mayonnaise Packet and Mustard Packet - Ham and Cheese Sub on a Whole Grain Roll with Mayonnaise Packet - Yogurt with Whole Grain Cinnamon Grahams and Fresh Fruit - Whole Grain Honey Buttons Cereal with Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Steamed Corn 	<p>Jan 18</p> <ul style="list-style-type: none"> - Chicken Taco Trio with Carrot Rice - Chicken Fajita Burrito - BBQ Chicken Wrap with BBQ Ranch Yogurt Dressing - Veggie Chef's Salad with Whole Grain Croutons, Yogurt Ranch Dressing and Whole Grain Dinner Roll - Whole Grain Blueberry Muffin with Orange Juice - Plain Whole Wheat Bagel with Cream Cheese Packet and Fresh Fruit - Fresh Fruit - 2nd Piece - Ranch Dressing Packet (for vegetable of the day) - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Seasoned Blanched Broccoli Florets 	<p>Jan 19</p> <ul style="list-style-type: none"> - Baked Mac & Cheese and Chicken Bites Lunch Combo with BBQ Sauce Packet - Cheese Enchiladas with Seasoned Rice and Black Beans - Chicken Salad Sub Sandwich - Cinnamon Crumble with Fresh Fruit - Whole Grain Cocoa Bops Cereal with Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Fresh Cucumber Slices 	<p>Jan 20</p> <ul style="list-style-type: none"> - Hearty Veggie Chili with Mini Chicken Sandwich - The Revolution Hot Dog with Ketchup Packet - Roast Turkey and Cheese Sub on a Whole Grain Roll with Mayonnaise Packet - Garden Ranch Salad with Chicken Ranch Dressing Packet, Whole Grain Dinner Roll and Rev Foods Whole Grain Crackers - French Toast Muffin with Orange Juice - Whole Grain Blackberry Zac On Bar with Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meal) (30) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Glazed Carrots

<p>Jan 23</p> <ul style="list-style-type: none"> - Chicken Teriyaki with Carrot Rice - Meatless "Pepperoni" Calzoni with Whole Grain Salsa Fresca Rumbles - Honey Mustard Chicken Wrap with Whole Grain Goldfish Pretzels - Ham and Cheese Sub on a Whole Grain Roll with Mayonnaise Packet - Whole Grain Flurries Cereal with Fresh Fruit - Whole Grain Dipperdoodle Bar with Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Steamed Corn 	<p>Jan 24</p> <ul style="list-style-type: none"> - Chicken Bites with Whole Grain Dinner Roll and Ketchup Packet - Creamy Chicken Alfredo - NEW!! Mighty Meaty Deli Combo Sandwich with Turkey Salami, Turkey Ham, and Mozzarella and Mayonnaise Packet - Whole Wheat Bagel with Cheddar Cheese and Fresh Fruit - Lemon Muffin with Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Pinto Beans - Grape Tomatoes 	<p>Jan 25</p> <ul style="list-style-type: none"> - Sweet Garlic Noodles with Chicken - Egg & Cheese Panada Pie with Ketchup Packet and Whole Grain Ranch Rumbles - Roast Turkey and Cheese Sub on Whole Grain Roll with Mayonnaise Packet - Chicken Caesar Wrap with Caesar Dressing Packet - Whole Grain Blueberry Bagel with Cream Cheese Packet and Orange Juice - All Natural Granola with Yogurt and Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Chilled, Seasoned Green Beans 	<p>Jan 26</p> <ul style="list-style-type: none"> - Flame-Broiled Beef Cheeseburger with Ketchup Packet - Cheese Pizza with Raisins - Chicken Salad Sub Sandwich - Whole Grain Apple Zac Omega Bar with Fresh Fruit - Whole Grain Blueberry Muffin with Fresh Fruit - Fresh Fruit - 2nd Piece - Ranch Dressing Packet (for vegetable of the day) - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Chopped Romaine Lettuce - Sliced Tomatoes 	<p>Jan 27</p> <ul style="list-style-type: none"> - Chicken Tamale with Seasoned and Seasoned Black Beans - Baked Mac & Cheese and BBQ Q - Lunch Combo with Whole Grain D Roll - Southwest Veggie Wrap with Yo Ranch Dressing - Garden Ranch Salad with Chick Ranch Dressing Packet, Whole Gra Dinner Roll and Rev Foods Whole Crackers - Whole Grain Honey Grahams w Whole Grain Cinnamon Rumbles a Fresh Fruit - Whole Grain Honey Buttons Cereal with Orange Juice - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Steamed Carrots
<p>Jan 30</p> <ul style="list-style-type: none"> - Cheese Pizza Panada Pie - Spicy Chicken Chorizo & Cheese Eggel Sandwich with Syrup Packet - BBQ Chicken Wrap with BBQ Ranch Yogurt Dressing - Chicken Salad Sub Sandwich - Whole Grain Cocoa Bops Cereal with Fresh Fruit - Whole Grain Cinnamon Grahams with String Cheese and Fresh Fruit - Fresh Fruit - 2nd Piece - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Steamed Corn 	<p>Jan 31</p> <ul style="list-style-type: none"> - Classic Spaghetti and Meatballs - Breakfast for Lunch: Pancakes with Sweet Chicken Sausage, Syrup Packet and Yogurt - Build Your Own Sunbutter and Jelly Sandwich on a Whole Grain Bun with Yogurt - Ham and Cheese Sub on a Whole Grain Roll with Mayonnaise Packet - Plain Whole Wheat Bagel with Cream Cheese Packet and Fresh Fruit - Cinnamon Crumble with Fresh Fruit - Fresh Fruit - 2nd Piece - Ranch Dressing Packet (for vegetable of the day) - Hot Sauce Packet (for lunch meals) - Milk: 0%, half-pint - Milk: 1%, half-pint - Fresh Fruit with 2nd Fruit Component - Seasoned Blanched Broccoli Florets 			